

## DVGTC A 2009-2010 Schedule of Events

Haverford Fri-Dec 11-5:30PM	Lehigh Fri-Dec 18-4:30PM	Ursinus Wed-Dec 23-4:30PM	Lehigh Sat-Jan 2-4:30PM
DMR 800-400-1200-1600	4x800m	4x800m	DMR 800-400-1200-1600
60m H	60m H (2)	55m H (2)	60m H (2)
4x800m	55m(T) 60m(F)	55m	55m(T) 60m(F)
60m	200m/300m	200m/300m	200m/300m
4x400m	400m/600m	400m/600m	400m/600m
4x200m	800m/1000m	800m/1000m	800m/1000m
	Mile	3000m	Mile
No field events	4x400m	4x400m	4x400m
	4x200m	4x200m	4x200m
	Long Jump	Long Jump	Long Jump
	Triple Jump	Triple Jump	Triple Jump
	High Jump (2)	High Jump (1)	High Jump (2)
	Shot Put (2)	Shot Put (1)	Shot Put (2)
	Pole Vault (3)		Pole Vault (3)
Haverford Fri-Jan 8-5:00PM	Lehigh Fri-Jan 15-6:30PM	Lehigh Fri-Jan 29-6:30PM	Lehigh Fri-Feb 5-6:30PM
4x800m	DMR 800-400-1200-1600	4x800m	DMR 800-400-1200-1600
60m	60m H (2)	60m H (2)	60m H (2)
400m/600m	55m(T) 60m(F)	55m(T) 60m(F)	55m(T) 60m(F)
Mile	200m/300m	200m/300m	200m/300m
3000m	400m/600m	400m/600m	400m/600m
4x400m	800m/1000m	800m/1000m	800m/1000m
	Mile	3000m	Mile
No field events	4x400m	4x400m	4x400m
	4x200m	4x200m	4x200m
	Long Jump	Long Jump	Long Jump
	Triple Jump	Triple Jump	Triple Jump
	High Jump (2)	High Jump (2)	High Jump (2)
	Shot Put (2)	Shot Put (2)	Shot Put (2)
	Pole Vault (3)	Pole Vault (3)	Pole Vault (3)
Lehigh Fri-Feb 19-6:30PM	Champs-Lehigh Fri-Feb 26-6:30PM		
4x800m	4x800m		
60m H (2)	60m H trials		
55m(T) 60m(F)	60m trials		
200m/300m	DMR 1200-400-800-1600		
400m/600m	60m H finals		
800m/1000m	60 m finals		
Mile	200m LJ		
4x400m	400m TJ		
4x200m	800m HJ		
Long Jump	Mile Shot		
Triple Jump	4x200m PV		
High Jump (2)	3000m		
Shot Put (2)	4x400m		
Pole Vault (3)			

**Chester County Track & Field Coaches Association**  
*presents...*  
**the Chester County Indoor Track and Field Championships**  
Monday, January 11, 2010  
4:30 pm (facility opens at 4:00)  
Ursinus College

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**PRIZES:** Awards will be given to the first five overall places in each event. There will be one division only.

**EVENTS:** Event Schedule is as follows:

4:30pm – one event follows the other with no breaks in time

\*Track events will run girls first, followed by boys

60 hurdles: trials then finals  
sprint medley (400-200-200-800)  
60 dash: trials then finals  
200  
400  
800  
mile  
3000  
distance medley (1200-400-800-1600)  
4x800  
4x200  
4x400

**FIELD EVENTS:**

shot put (boys then girls): 3 throws then finals  
high jump (girls then boys)  
long jump (coed with open pit)  
triple jump (coed with open pit)  
-3 jumps, no finals re: long/triple  
pole vault (girls then boys)

**The Pennsylvania State University, is pleased to present:  
The Kevin Dare High School Invitational  
January 23, 2010  
Horace Ashenfelter III Indoor Track**

**TENATIVE ORDER OF EVENTS:**

**FIELD EVENTS**

10:00AM Pole Vault - Boys  
10:00AM Pole Vault - Girls  
10:00AM Long Jump – Boys (Boys Triple Jump to Follow)  
10:00AM Long Jump – Girls (Girls Triple Jump to Follow)  
10:00AM Shot Put – Girls (Boys Shot to follow)  
High Jump – Boys (To follow completion of the Dashes)  
High Jump – Girls (To follow completion of the Dashes)

**TRACK EVENTS**

10:00AM 60-Meter Hurdles – Girls (Preliminaries -Top 8 On Time)  
60-Meter Hurdles - Boys (Preliminaries -Top 8 On Time)  
60-Meter Dash – Girls (Preliminaries - Top 8 On Time)  
60-Meter Dash – Boys (Preliminaries - Top 8 On Time)  
Mile Run - Girls (Final)  
Mile Run - Boys (Final)  
400-Meter Dash - Girls  
400-Meter Dash - Boys  
60-Meter Hurdles - Girls (Finals)  
60-Meter Hurdles - Boys (Finals)  
60-Meter Dash - Girls (Finals)  
60-Meter Dash - Boys (Finals)  
800-Meter Dash - Girls  
800-Meter Dash - Boys  
200-Meter Dash - Girls  
200-Meter Dash - Boys  
3000-Meter Run - Girls  
3000-Meter Run - Boys  
4 x 200-Meter Relay - Girls  
4 x 200-Meter Relay - Boys  
4 x 800-Meter Relay - Girls  
4 x 800-Meter Relay - Boys  
4 x 400-Meter Relay - Girls  
4 x 400-Meter Relay - Boys

# PTFCA PENNSYLVANIA STATE CHAMPIONSHIP

## SATURDAY, MARCH 6, 2010

### ORDER OF EVENTS

**10:00 AM:** One event follows the other with no breaks in time.

All events Girls then Boys.

- |  |                           |
|--|---------------------------|
| 1. 60m Hurdles trials                            | 8. 60m Hurdles finals     |
| 2. 60m Dash trials                               | 9. 60m Dash finals        |
| 3. Mile run                                      | 10. 800m run              |
| 4. 60m Hurdles semis                             | 11. 200m dash             |
| 5. 60m Dash semis                                | 12. 3000m run             |
| 6. 400m Dash                                     | 13. 800m relay            |
| 7. <b>PA HS T &amp; F Hall of Fame Induction</b> | 14. 3200m relay           |
|  | 15. Distance Medley relay |
|  | 16. 1600m relay           |

### FIELD EVENTS: Begin promptly at 10:00 AM

Long Jump: Girls and Boys (2 pits) Pole Vault: Girls and Boys (2 pits)

Shot Put: Girls then Boys

Triple Jump: Will follow Long Jump (2 pits) High Jump: After 60 m finals; Girls and Boys (2 pits)

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**Special Note:** This meet will run very quickly. Your athletes **must** clerk in when the event is called or they will be **scratched from the entire meet**. Clerking area for running events will be on the Astro turf. **NO ONE** is to be on the Mondo surfaces except those presently competing. **NO COACHES OR SPECTATORS** are allowed on the Mondo or near the finish line. **NOTE: No food, drink, or electronic devices** will be permitted in Penn State. There is a concession stand where food may be purchased and consumed. **Violators will be expelled from PSU.**